

# Microneedling After Care

## What to Expect Post Treatment

- Immediately after treatment, patients will experience a sunburn-like sensation along with mild swelling and redness which will resolve within 48 hours
- You may experience a mild headache which you can resolve with your pain reliever of choice.
- Pinpoint bleeding is left on the face to help heal and nourish the skin promoting results.

## How to Care for Your Skin

- Do not wash your face until the following day using a gentle cleanser.
- After cleansing apply Procell Cellular Renewal Serum "Step 1" followed by Healing Accelerator Serum "Step 2". These products will last for 7 days and then your normal skincare routine may resume.
- Use sunscreen SPF 30 or higher at all times throughout the treatment course when going outside.

## What to Avoid

- Avoid makeup application for a minimum of 24 hours
- Avoid direct sun exposure and tanning beds throughout the treatment course so as to reduce the chance of adverse reactions like hyperpigmentation or hypopigmentation.
- Avoid picking or scratching the treated skin to achieve your best results.

